Zoom: Set Up Auto-Update

You can set Zoom to auto-update this way so you do not have to manually update it yourself.

1. Open the Zoom Desktop app and click on the gear icon below your profile image.
Select the "Zoom Updates" section above the Theme. Make sure you are in the General section.
Check box to the left of "Automatically keep Zoom desktop client up to date". When you do that, you will get another option called "Update Channel".
Update Channel.
Leave that on "Slow".
Note: the automatic updates will only occur when the Zoom desktop application is restarted.