I think there's an important distinction to make between collaborating on a survey and copying one, especially with regard to groups. Collaborating means multiple users are able to access (depending on permissions) a single survey that's collecting a single data set. But users may confuse this with "copying" a survey, which can, for example, create a copy in a group folder. If they do this, they'll create a second, duplicate survey and may be under the false impression that it's collecting to the same data set as the original.

When I copied a survey into a group account, I found that my other member of that group needed to log out and log back in to see it. Refreshing the browser (at least) did not show the survey. Looking for a "refresh" button within Qualtrics.

Publishing in Qualtrics
Survey is activated by initial publish.
After survey is published, subsequent edits require you to click "publish" again in order for changes to be made on live form. This is a change from previous Qualtrics operation, where changes were made in near-real time, with auto-saving every several seconds making the changes out on the live form for new respondents. Published changes do not affect responses in progress.